

Product Review

Jobelyn: My Comprehensive Healthcare Plan

A self-report by Adebisi Gbadegesin Gbadero, Abadina, University of Ibadan



I had the good fortune, in 2012, to participate in Clinical Trials for a nutritional supplement known as *Jobelyn*. The Trials took place at the Lagos State University Teaching Hospital's Haematology Clinic. How I wish I or my parents had known about this life-enhancer earlier.

I am in my late 20s, found with sickle cell anaemia in infancy. Prior to my introduction to *Jobelyn*, sickle cell had me in its grip with the following features:

• **Stunted Growth:** I was too small for my age; children much younger looked me in the eye, my age mates literally looked down on me. I couldn't mix with my age group for embarrassment; I couldn't mix

with the younger ones for shame! *I took Jobelyn for several months and edged closer to my mates in body build.* My doctor said I was far too advanced in years to grow taller!

• **Menstrual Flow:** My monthly period used to be scanty and irregular. Cramps and pain were my signature experience. Now all that has changed. Days before and days after my monthly period, *I double my daily dose of Jobelyn and experience no menstrual discomfort.* The flow is regular.

• **Constant Fatigue:** I was always weak and tired, unable to carry out my daily tasks. With the constant supply of free *Jobelyn* capsules at the LASUTH Clinical Trials, I found my energy levels rising. I need to point out that this did not happen at once. It took some time before I even noticed.

• **Audible heartbeat:** I had been attending a cardiology clinic to unravel the cause of irregular heartbeat. This had been my experience for some years. No more

of that now, thanks to *Jobelyn*. My doctor said it must have been the positive outcome of an improved blood volume.

• **Low PCV:** at what the doctors thought a 'good' steady state PCV of 21%, transfusion was considered a luxury. On *Jobelyn* for many months, I arrived at a new steady of 31%. And then an avalanche of improvement followed: **better heart function** - I didn't hear my heart beating anymore, **improved appetite**, and **improved concentration.** *Lesson: your confirmed 'steady state' may not always be good for you!*

• **Frequent Hospital Admission:** prior to *Jobelyn* use, I got admitted to hospital like twice or thrice in a year. For the past three years I have not been admitted once. *Jobelyn* has saved my family and me a lot in time spent on admission and much more on money spent on blood transfusion and expensive pain medications and whatnot.

